

Bodies Episode Guide

Episodes 001-008

Last episode aired Thursday October 19, 2023





© 2023 www.imdb.com



© 2023 www.netflix.com



© 2023

www.thereviewgeek.com

The summaries and recaps of all the Bodies episodes were downloaded from <https://www.imdb.com> and <https://www.netflix.com> and <https://www.thereviewgeek.com> and processed through a perl program to transform them in a \LaTeX file, for pretty printing. So, do not blame me for errors in the text 😊😁!

This booklet was \LaTeX ed on October 23, 2023 by footstep11 with create_eps_guide v0.69

Contents

Season 1	1
1 You're Dead Already	3
2 Do You Know Who I Am?	5
3 All In Good Time	7
4 Right Up The Wazoo	9
5 We Are One Another's Ghosts	11
6 The World Is Yours	13
7 Catch Me If You Can	15
8 Know You Are Loved	17
 Actor Appearances	 19

Season One

You're Dead Already

Season 1
Episode Number: 1
Season Episode: 1

Originally aired: Thursday October 19, 2023
Writer: Paul Tomalin
Director: Marco Kreuzpaintner
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Jonny Coyne (Farrell), Alexandra Roach (Maggie), Derek Riddell (CI Calloway), Gabriel Howell (Elias), Stephen Graham (Mannix), Declan Doyle (Gym Bunny), Nitin Ganatra (Ishmael), Oscar Coleman (Jawad), Anton Cross (Rick Williams), Tim Downie (Inspector Goodman), Chaneil Kular (Syed Tahir), Emily Barber (Kathleen), Will Merrick (Constable Byrne), Silvana Damm (Mother), Tristan Ruggeri (Boy), Christopher Brand (Officer Webb), Andrew Whipp (Ladbroke), Chloe Raphael (Esther Jankovsky), Natalie Dew (Aaliyah Tahir), Jonathan Holden (Far Right Protester), Kev Bembridge (Police Officer), Carlo Benetello (Svetlana's Husband), Philip Gascoyne (Detective), Jude Grillo (Street Boy), Alison Martin Jones (Upper-Class Victorian Lady), Leonardo Porcelloni (Detective)
Summary: Four detectives in four different time periods find the same dead body in Longharvest Lane, Whitechapel.



It's 2023. Detective Hasan is involved in a far right protest and notices a man with a gun hiding behind a bin, and she chases him. He leads her to a naked dead body of a white male, with a gunshot wound in one eye.

In 1941, Detective Whiteman is dealing with discrimination in the police department during World War II. This discrimination comes from Inspector Farrell, who implies that he's a spy working for a secret organisation. He is ordered to retrieve a dead body on Long Harvest Lane

and take it to a certain location.

It's now 1890, and we meet Detective Hillinghead, a closeted gay man who finds a body in a rookery and stumbles upon a journalist taking pictures of the scene.

Back to the present day, and Hasan, a Muslim woman living at home with her father and young son, doesn't think the Asian boy, Syed, who was found at the crime scene, committed the murder. She attends her father's birthday party, and her senior officer calls her away to speak to Syed's sister, Aaliyah. She convinces Aaliyah to reach out to Syed to convince him to trust her. Syed claims he had to lead Hasan to the body, as everything has already been decided and is playing out as planned. Hmmm... weird.

Syed fires the gun at armed police, who follow him to his meeting, and Hasan saves him. But he shoots himself in the head, with Hasan unable to save him. Hasan remembers seeing two

coffee cups in the food court where she met him and views the security footage to see who else he met with.

It's 1890 again, and Hillinghead visits the nosey journalist taking pictures and learns of what he knows. The journalist, Henry Ashe, is also gay and takes photos of other gay couples, and himself. Ashe tries to kiss Hillinghead, which leads to his arrest. He then notices a photo showing a man in a window near the location of the body. Ashe's alibi would reveal what he was actually doing, putting him in a difficult position. He reveals that one of the men he was pictured with is the assistant police commissioner's married son. Ouch, scandal. Ashe is in the clear, and Hillinghead must track down the man in the photo.

Hillinghead visits the coroner and discovers there is no bullet in the victim, despite an entrance wound through the eye. The coroners from 1941 and 2023 find the same outcome. Confused yet? The coroner also reacts shocked to the picture of the man in the window, as he recognises him, telling Hillinghead to burn the picture or face death.

Back in 1941, Whiteman is interrupted by Farrell when dumping the body. He pulls over Whiteman after following him, but before discovering the body, a German airstrike kills Farrell. The next day, Whiteman is tasked with solving Farrell's death. When the police find the body inside the boot, he acts surprised. Whiteman faces the wrath of the people he was supposed to deliver the body to, and they demand he burn the police reports or face severe consequences.

The episode ends with the introduction of a fourth detective and a brand new timeline. It's now 2053, and Detective Iris Maplewood finds the body on Long Harvest lane. The twist is that the body is still alive in the future timeline.

Do You Know Who I Am?

Season 1
Episode Number: 2
Season Episode: 2

Originally aired: Thursday October 19, 2023
Writer: Paul Tomalin
Director: Marco Kreuzpaintner
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Mark Lewis Jones (Andrew Morley), Kate Ashfield (Elaine Morley), Derek Riddell (CI Calloway), Stephen Graham (Mannix), Anton Cross (Rick Williams), Philippa Dunne (Lorna Dunnet), Selva Rasalingam (Prime Minister), Jonathan Nyati (Vox Pop 1), Patricia England (Vox Pop 2), Joe Pitts (Vox Pop 3), Louis Sparks (Duty Officer), Nicholas Farrell (Chief Inspector Paxman), Andrew Whipp (Ladbroke), Amy Manson (Charlotte Hillinghead), Zachary Hart (Lee Cozens), Nitin Ganatra (Ishmael), Gabriel Howell (Elias), Tommy Garside (Eagan), Clare Perkins (Inspector Anderson), Edwin Thomas (Alby), Jessamine-Bliss Bell (Marina), Emily Barber (Kathleen), Chloe Raphael (Esther Jankovsky), Aron Dochart (Newspaper Vendor), Roderick Hill (Campsite Manager), Lydia Fraser (Grace), Richard Tate (Professor Hamish McCabe), Jonathan Cheetham (Non-Conformist), Philip Gascoyne (Detective), Jude Grillo (Street Boy), Nathan Hall (Future University Student), Zac Harris (Sweeping Boy), Joanne James (Victorian Lady), Chaneil Kular (Syed Tahir), JJ Martin (Teenager on Bike), Leonardo Porcelloni (Detective), Neil Swift (Captain Drake)
Summary: Hasan follows new leads. Hillinghead reluctantly closes his case and Whiteman goes to desperate lengths.



In 2023, Hasan and her team head to the foster house of Elias Mannix, who was the boy in the yellow jacket seen with Syed. Mannix was raised in a care home with Syed and adopted by the Morley family. Hasan searched for Mannix in the Morley house after barging in with her team, but he was nowhere to be found.

Hasan interrogates The Morleys about their adopted son's disappearance, and they seem not to care, as they seem to know where he is. She investigates further and finds a strange video of Mannix

talking about a nightmare about killing a baby. Mannix utters the words "Know You Are Loved" at the end of the video. What does this mean?

The next day, Hasan's colleague Rick finds CCTV footage of Mannix in his foster father's truck, after supposedly going missing. She interrogates the Morleys further after confirming they lied. The mother mentions a place where Mannix might be. Hasan then goes to the location, but

Mannix is not there. Hasan continues her interrogation, and the mother starts uttering gibberish about the future. She then cuts her own tongue off when she realises she's revealed too much. Hasan tells Rick to stop searching the location, but before he can leave, a huge explosion breaks out and kills him.

1980 — Hillinghead is asked to stay off the case by the commissioner. He heads home to burn the evidence of the man seen on the glass window. He can't bring himself to burn it properly. Henry Ashe visits Hillinghead and asks him to return the photo, but the detective kicks him out. But he meets with Henry later and has the photograph and says he wants to solve the case with him, but discreetly.

1941 — Whiteman is instructed by the agency to kill someone to frame him for the murder of Farrell. He tries to kill a man called Lea Cozen, a convicted rapist and an ideal candidate to pin the murder on. He puts a bullet in his head, staging the scene as a suicide, putting evidence there to frame him. Whiteman tells the agency that the job is done, and the lady on the other end of the phone says "Know You're Loved"

Moving forward to 2053, Iris Maplewood is working for a company called KYAL (Know You are Loved). She watches television with her neighbour, and a memorial piece for the bombing in 2023 comes on. Iris lost people in that bombing. The next day, Maplewood was told to back off the case of the person found shot in the eye on Long Harvest Lane. Iris can't help but think there's more to this case than meets the eye. No pun intended. She runs a DNA test on her clothes, which have the man's blood on them. The man is a professor called Gabriel Defoe. He was born in London in 2022.

Iris discovers Defoe is dead, and his body is under observation by scientists at KYAL. Commander Mannix had manipulated her into giving her life to serving him and the organisation. The commander is obviously Elias Mannix, whom Hasan was searching for in 2023. Iris visits the college where Defoe was a professor and begins interrogating people. Turns out, Defoe is alive and walks in. Iris points her gun at him and asks about his real identity. Defoe tells her he had no idea what happened to him. Iris tells him she wants to speak to him about his own murder.

All In Good Time

Season 1

Episode Number: 3

Season Episode: 3

Originally aired: Thursday October 19, 2023
Writer: Paul Tomalin
Director: Marco Kreuzpaintner
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Anna Calder-Marshall (Lady Agatha Harker), Derek Riddell (CI Calloway), Gabriel Howell (Elias), Stephen Graham (Mannix), Amy Manson (Charlotte Hillinghead), David Birrell (Dalrymple), Max Lohan (Young Mullins), Nitin Ganatra (Ishmael), Oscar Coleman (Jawad), Emily Barber (Kathleen), Chloe Raphael (Esther Jankovsky), Kurt Egyiawan (Philip Dust), Sheila Reid (Baroness Antonia Garner), Christopher Godwin (Reverend Kneale), Nicholas Farrell (Chief Inspector Paxman), Andrew Whipp (Ladbroke), David Charles-Cully (Victorian Gent), Jude Grillo (Street Boy), Joanne James (Victorian Lady), Jason Redshaw (Victorian Gent)
Summary: Connections between the cases come into focus. Whiteman encounters a complication; Hillinghead attends a séance.



The episode opens in 1890 and Hillinghead meets up with Henry to further investigate the dead body found on Long Harvest Lane. They find a hexagonal bullet hole, which reveals information on the class status of the perpetrator. Henry thinks he knows the man in the photo and takes him to the Harker house, where Lady Agatha and her son, Julian Harker, reside. Hillinghead confirms Harker is the one in the reflection on the photo.

Hillinghead attends a party hosted by Julian Harker and asks him if he knows about the deceased naked man. Julian avoids the question. He has drugged Hillinghead, who starts feeling dizzy. However, he still attends a seance hosted by Lady Agatha, and he shows pictures of Gabriel Defoe. She summons Defoe and asks him if Julian killed him. The spirit answers with a definitive "no."

Hillinghead refuses to believe this and wants to leave, but he loses his ability to walk, resulting in Harker undressing him and taking a photo of him with the dead body in order to blackmail him. Hillinghead wakes up the next day outside the Harker house. He goes to Long Harvest Lane and scribbles his name on the wall. He tells Henry Ashe that he's afraid Harker will harm him and his family. They get closer and share a kiss.

Cutting to 1941, a little girl who witnessed Whiteman killing Lee Cozen comes to the station to give a statement. Whiteman convinces the commissioner that the girl knows nothing and just wanted some ice cream. Whiteman pays the girl off with two pounds. The secret organisation

want him to kill the little girl, so he takes her to a different location and makes her drink a bottle of alcohol laced with poison. He realises he's being followed, so he appears to suffocate the child with a piece of clothing.

Right Up The Wazoo

Season 1
Episode Number: 4
Season Episode: 4

Originally aired: Thursday October 19, 2023
Writer: Danusia Samal
Director: Marco Kreuzpaintner
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Mark Lewis Jones (Andrew Morley), Alexandra Roach (Maggie), Stephen Graham (Mannix), Anthony O'Donnell (Clive Jones), Antony Somers (Pub Landlord), Amy Manson (Charlotte Hillinghead), Emily Barber (Kathleen), Derek Riddell (CI Calloway), Chloe Raphael (Esther Jankovsky), Philippa Dunne (Lorna Dunnet), Kurt Egyiawan (Philip Dust), Jude Grillo (Street Boy), Nathan Hall (Future University Student), Joanne James (Victorian Lady), Nikki Marshall (Detective)
Summary: Hasan discovers she isn't the only detective on the case. In the past and future alike, relationships start to deepen.



The episode starts in 2023. Hasan is discussing the name "Hillinghead" with a colleague and reveals that he was a detective from 1890. She digs deeper and finds information on a deceased man in Long Harvest Lane. She also finds the 1941 case file with the same naked body found. She shows Barber the case files from 1890 and 1941, and he thinks the photos have been digitally altered.

Hasan and Barber look up Harker Legal, and discover it was founded by Julian Harker in 1894. She visits the house and

finds Andrew Morley there.

Andrew takes her to a dark room where several dead bodies of Gabriel Defoe from different timelines are being stored inside a preservation tank. Hasan once again demands the reason and purpose behind all of these, but Andrew began to get emotional and asked her to tell his son that he apologised for what he had to do. As Hasan tries to console him, Andrew captures her and locks her up in a dark room. Hasan begins to shout for help, but no one seems to be there to let her out.

Back in 1941, Whiteman doesn't end up killing the little girl, as it's revealed he pretended to kill her when he saw the car following him. He takes her to his apartment and tells her not to make any noise, so they can move out of the city. Whiteman is under surveillance by an inspector ordered by the commissioner.

Whiteman takes the girl and makes an escape, blending into the crowd after a massive bombing takes place. They catch a train and find a lady who seems curious about him and the girl.

Whiteman asks the old lady to watch the girl as he tracks down the person who has been following them. Turns out the old lady is the daughter of Hillinghead. Whiteman kills the man following them, but realises he's not from the secret organisation.

He returns to the girl and the old lady, and she bids them goodbye, saying, "Know You are Loved." The little girl dies from a poison given to her by the old lady.

2053 — Iris attends a lecture by Defoe and discovers he believes in a theory that humans can travel back in time. They meet afterwards, and discuss their differing beliefs. Iris lets him stay at her place, as he expresses concerns for his safety.

They drink wine and discuss the progress of London City in 2053, developing a bond. When he discovers how kind she is, he stops the conversation and goes to use the bathroom. A neighbour pops by to look after her cat, leading Defoe to escape her place while she is distracted. She chases him and captures him, but is shot by Lorna, who is revealed as someone from Chapel Perilous. Defoe asks Lorna what the next step is, and she says they must take Iris to the chapel.

We Are One Another's Ghosts

Season 1

Episode Number: 5

Season Episode: 5

Originally aired:	Thursday October 19, 2023
Writer:	Paul Tomalin
Director:	Haolu Wang
Show Stars:	Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars:	Derek Riddell (CI Calloway), Natalie Gavin (Sarah Mannix), Stephen Graham (Mannix), David Horovitch (Rabbi Goldstein), Alexandra Roach (Maggie), Philippa Dunne (Lorna Dunnet), Gabriel Howell (Elias), Nicholas Farrell (Chief Inspector Paxman), Emily Barber (Kathleen), Jordan Baker (June), Diane Axford (Mrs Shirley), Ellie James (Teri), Nigel Hastings (Harker Bank Manager), Michael Shaeffer (Hayden Harker), Jude Grillo (Street Boy)
Summary:	The past, present and future collide as a set of fingerprints from 1890 are found in 2023. Maplewood makes a discovery.



The 1941 timeline starts the episode. Whiteman comes to terms with the little girl's death while nursing a stab wound to his stomach and enters a synagogue. He confesses to the rabbi that he's responsible for a little girl's death and is consoled.

Whiteman sneaks into the commissioner's office and threatens him with a gun. He tells him about his past and reveals he has debts from gambling and did what he could to pay them off.

The commissioner helps with Whiteman's stomach wound, and Whiteman

says he wants justice for the little girl's death. Turns out, it was the receptionist who told the lady about Whiteman confessing to the crime and framing Cozen.

Whiteman finds the old lady, who is called Polly, and takes her to a deserted place to ask her why she killed the little girl. She says she had no choice. The commissioner turns up and arrests Polly for killing the girl and Whiteman for murdering Cozen. As this is happening, an officer called Hayden Harker arrives on the scene. He shoots the commissioner dead and arrests Whiteman. He uncuffs Polly, who he calls mother and utters that same line, "Know You Are Loved."

2023 — Hasan is found inside the locked room at the Harker house by Barber and his team. She tries to show them the bodies, but they have gone. Barber takes Hasan off the case to preserve her mental well-being. Hasan goes home and receives a call saying that the fingerprints collected from Julian Harker in 1890 match Elias Mannix.

Hasan meets with Elias in prison and asks him about Julian Harker. Elias says he hasn't heard of him. She tells him his fingerprints match Harker's, and this surprises him. She asks him about his birth parents, but Mannix only remembers his mother.

Hasan runs a search and finds Elias biological mother, Sarah Mannix, who is still alive. She meets Sarah and tells her about her son being arrested for murder, causing her to have a

breakdown. Hasan asks about the father, and Sarah tells her his name was Danny, the son of rich banker Julian Harker. Turns out Danny's real second name was Barber, revealing Inspector Barber to be Elias Mannix's father.

Barber has taken Mannix away with him, with the police unable to trace them. Hasan gets into Barber's apartment and finds an old vault key on the table. She hears the voice of an old Elias Mannix on a gramophone, telling her she can't stop the future, and that they would eventually meet.

1890 — Hillinghead is determined to prove that Harker is the murderer. Harker is taken to the station where he admits to being in the photograph and demands to speak with Hillinghead alone. He wants him to frame Henry Ashe for the murder of Defoe. Otherwise, he will release the photos of Hillinghead with the dead body at the seance.

2053 — Iris is handcuffed and inside a truck with Lorna and Defoe. As the truck reaches the destination, Defoe covers her face with a hood and takes her to a secret place. The hood is pulled off, and she is confronted by a woman who turns out to be an elderly version of Hasan, who is the leader of Chapel Perilous.

She tells her that four people discovered the bodies, revealing photos of Hillinghead and White-man. Iris asks her if she was a police officer, and she reveals she was and had interacted with Mannix in 2023. Mannix travelled back in time and formed a cult in 1890 to put in place events that would lead to the detonation of a bomb in London in 2023.

His plan was to create his own utopia, and he said that Iris Maplewood would be important, but Iris doesn't believe it, and Hasan holds her hostage. Hasan and Defoe take her to a room where they have the time machine, known as Throat.

Iris throws up in shock of it all, and can't bring herself to believe it all. She pretends to believe to get herself uncuffed and tells Hasan she has called the KYAL to rescue her from the chapel. Commander Mannix shows up, as Hasan, Defoe and Lorna make a run for it. Mannix finds Iris, and she leads him to the room that the Throat time machine is in.

The World Is Yours

Season 1

Episode Number: 6

Season Episode: 6

Originally aired: Thursday October 19, 2023
Writer: Danusia Samal, Paul Tomalin
Director: Haolu Wang
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Kae Alexander (Bothroyd), Stephen Graham (Mannix), Michael Byrne (Old Mullins), John Alastair (Commander Brown), Ben Addis (Chandler), Michael Shaeffer (Hayden Harker), Stuart Boother (Hodges), Claire Jones (News Reporter), Oscar Coleman (Jawad), Nitin Ganatra (Ishmael), Gabriel Howell (Elias), Tony Lucken (Boat Captain), Nicholas Farrell (CI Paxman), Amy Manson (Charlotte Hillinghead), Natalie Gavin (Sarah Mannix), Alfie Tempest (Sam), Archie Elijah Clark (Teenager on Bike), Jude Grillo (Street Boy)
Summary: On the day of the explosion, Hasan does everything in her power to help Elias make a life-altering choice. The others wrestle with their consciences.



It's 1941. An elderly Julian Harker is recording his voice to send to Hasan. Hasan takes these recordings to fellow officers to explain the potential danger looming in London.

2023 — Hasan gets an old vault key from Barber's apartment and races toward Harker bank. The bank manager tells her the vault already existed in her name in 1941.

There was a bomb in the chamber inside the chamber at the bank, and when they enter, a phone rings. Hasan picks it

up, and it's Elias's voice, saying that the bomb would be detonated on the 14th July.

1941 — Whiteman is arrested by an officer who was the son of Polly Hillinghead. He attacks the senior officer and kills him. He goes to Harker House during the night and kills the butler to obtain entrance to the mansion. Then he sees Polly and puts a bullet in her head before finding Julian Harker in his bed. He kills him, but Harker seems not to care, as the loop will be continued over and over. Whiteman turns himself in and receives the death sentence.

1890 — Hillinghead is given two options by Julian Harker. Turn himself in or he will frame Henry Ashe for the crime. Hillinghead won't accuse Henry of the crime and tells him to flee. He refuses and decides to stay and fight. Hillinghead then admits his sexuality to his wife and that he has fallen in love with Henry. Police knock on the door and arrest him for murder.

2023 — After the bomb is discovered in the bank, Hasan gets a call from Barber saying to meet him and Elias on a boat away from the city. She promises to come alone, but brings another officer along. The other officer sneaks on the boat and knocks out the captain. Barber and Elias

meet and share a moment, with it being the first time father and son have met. Barber hands Elias a piece of paper with the bomb detonation code and leaves the choice with him.

Barber is shot to death, and Elias can't accept his death. Hasan demands Elias pass the detonator to her, and he complies.

Before taking him to prison, Hasan takes Elias to see Sarah so she can meet her son. Sarah refuses to meet him because of her guilt. Elias loses his mind and takes the piece of paper, dialing the number on the cell phone and making an escape from the car, with Hasan chasing him. He snatches a cell phone from a child and dials the code, leading to a big explosion to destroy the city of London.

2053 — KYAL captures Chapel Perilous, and Hasan tries to prevent Elias from using the Throat, but fails in her attempts. Iris wants to help Mannix and obeys his orders. Mannix enters the room and then vanishes in seconds. Defoe and Hasan try to stop them, but are stuck in a loop. Defoe attempts to time travel, but Iris shoots him in the eye to send him back to the four different timelines.

The naked body of Elias Mannix is lying on the streets of Whitechapel, and he wakes up to see children covering him with clothes. He has a mark of the Throat on his wrist because he travelled through time. He sees this and realises he's been successful.

Catch Me If You Can

Season 1

Episode Number: 7

Season Episode: 7

Originally aired: Thursday October 19, 2023
Writer: Paul Tomalin, Danusia Samal
Director: Haolu Wang
Show Stars: Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars: Stephen Graham (Mannix), Chris Lane (Doctor), Anna Calder-Marshall (Lady Agatha Harker), Max Lohan (Young Mullins), Amy Manson (Charlotte Hillinghead), Max Jackson (Pickpocket), Nicholas Farrell (CI Paxman), Howard Ward (Banker), Andrew Whipp (Ladbroke), Christopher Brand (Officer Webb), Will Merrick (Constable Byrne), Clare Perkins (Inspector Anderson), Selva Rasalingam (Prime Minister), Edwin Thomas (Alby), Joe Osborne (Doctor Kingsley), Christopher Godwin (Reverend Kneale), Michael Byrne (Old Mullins), David Horovitch (Rabbi Goldstein), Antony Barlow (Upper-Class Victorian Gentleman), Jude Grillo (Street Boy), Mark Lewis Jones (Andrew Morley), Chloe Raphael (Esther Jankovsky), Alfie Tempest (Sam)
Summary: Elias finally knows what it means to be loved. He creates the family he's always wanted — but Hillinghead has to suffer for it.



Elias Mannix wakes up in 1886 London. He starts planning things after recovering from his injuries. He reaches out to Agatha Harker, telling her he's her long lost son, Julian Harker. Agatha is cautious, but begins to believe him. Agatha's dog, Archie, reacts badly to his scent, which raises her suspicions about him. Elias confesses that he isn't her son, but offers to help her with her finances and cure her loneliness.

Polly seeks Harker's help finding her father, Alfred Hillinghead, who is on his

way to prison. He's going to prison because he found serious dirt on Harker, uncovering a photo that placed Harker at the crime scene. Harker was a step ahead, though, when he drugged Hillinghead at the seance.

Harker visits Hillinghead and offers him a deal. He will spare his life if he agrees to let him marry his daughter. Hillinghead refuses, and Harker orders his henchman to kill him. Harker lies and tells Polly her father wasn't brave enough to face his crimes and took his own life.

With Hillinghead gone, Harker marries Polly, and he soon becomes a father with the birth of a baby boy. He comes clean to Polly about the reason he knows about future events: because he is from the future.

In 2053, Iris realises that she unknowingly helped the man responsible for the 2023 bombings. To add to that, she also shot Defoe, who was the only person capable of stopping Elias.

She uncovers a vital clue in Defoe's notes, which reveal that the Throat's time travelling abilities work both ways, meaning it can send you to the future as well as the past. She teams up with Hasan and goes back to the spot where she first found Defoe. They locate Defoe and stop him from dying.

Defoe is sick of all the attempts and thinks their efforts are pointless, as fate seems to be rooting for Elias to win. The cycle keeps playing out, despite their efforts to intervene. Elias keeps going back in time and persuading Agatha that he's her son, exploiting her resources to make millions. How do they break the never ending loop?

Hasan can't forget what Elias' foster father, Andrew, told her in 2023 about Elias meeting his end. Iris brings up the idea of time travel again, but this time to 1886 instead of 2023. Her plan is to get Elias to see the faults in his big plan and stop him in his tracks. Iris thinks going back to 1880 is the only way to stop Elias Mannix from carrying out his dastardly plan.

Know You Are Loved

Season 1

Episode Number: 8

Season Episode: 8

Originally aired:	Thursday October 19, 2023
Writer:	Paul Tomalin
Director:	Haolu Wang
Show Stars:	Jacob Fortune-Lloyd (DS Charles Whiteman / Karl Weissman), Shira Haas (DC Iris Maplewood), Amaka Okafor (DS Shahara Hasan), Kyle Soller (DI Alfred Hillinghead), Greta Scacchi (The Lady / Old Polly), Tom Mothersdale (Gabriel Defoe / The Body), Synnove Karlsen (Polly Hillinghead), George Parker (Henry Ashe), Michael Jibson (DCI Jack Barber)
Guest Stars:	Gabriel Howell (Elias), Natalie Gavin (Sarah Mannix), Stephen Graham (Mannix), Will Merrick (Constable Byrne), Nicholas Farrell (CI Paxman), Andrew Whipp (Ladbroke), Joe Osborne (Doctor Kingsley), Christopher Godwin (Reverend Kneale), Anna Calder-Marshall (Lady Agatha Harker), Michael Byrne (Old Mullins), Michael Shaeffer (Hayden Harker), John Alastair (Commander Brown), Nitin Ganatra (Ishmael), Oscar Coleman (Jawad), Anton Cross (Rick Williams), Chloe Raphael (Esther Jankovsky), Archie Elijah Clark (Teenager on Bike), Silvana Damm (Mother), Sophie Delora (Hasan Double), Tim Downie (Inspector Goodman), Jude Grillo (Street Boy), Jade-Marie Joseph (News Anchor), Max Lohan (Young Mullins), Amy Manson (Charlotte Hillinghead), Anthony O'Donnell (Clive Jones), Tristan Ruggeri (Boy), Edwin Thomas (Alby), Cal Watson (Viv)
Summary:	Across decades, the detectives work together to stop Elias from reshaping history. Will words be enough to break the loop and save thousands of lives?



Iris tries to prevent disaster. She thought history could be altered if she went back to 1880 to stop Elias Mannix's wicked plans, but she forgot that you can't take anything back to the past. Iris is fitted with a SPINE, which is a futuristic prosthetic that helped her walk freely in 2053, but it gets lost during her travel back in time. When she arrives in 1880, she can't walk, and then is later arrested and put in a cell.

Iris attempts to stop Hillinghead from confessing by sending a message from her cell, but it doesn't work. However, Hillinghead ends up next to Iris's cell, and they begin talking. She reveals that Elias Mannix, who is now living as Julian Harker in Hillinghead's time period, is from the future just like she is. She also reveals that the body they found in Long Harvest Lane is also from the future.

She warns Hillinghead that Elias has something terrible planned that could result in millions losing their lives. They need to stop him from marrying Polly, and she then tells him he's going to die on his way to prison, with the police claiming suicide as the cause of death. She screams at him as he's taken away, telling him to change Elias' mind and prevent disaster.

Julian Harker stops the convoy and tries to convince Hillinghead to let him marry Polly. Harker is shocked when Hillinghead reveals he knows he's a time traveller from the future.

He tells him he's still going to meet a horrible end, and Harker is angry and frustrated. He goes to walk away and tells his men to end to end Hillinghead's life. In his final moments, Hillinghead is able to plant doubts in Harker's mind.

Harker goes ahead with his plan to marry Polly, but Hillinghead's words are still haunting him. Polly confronts him about his involvement in her father's death. Harker admits to it, and Polly is devastated. A few months later, she gives birth to their son. She doesn't love Harker anymore but sticks around as he hatches his plan.

Harker sees the error of his ways and records a message back in 1941 for his younger self, and the one living in 2023. He advises himself to not push the detonator button. He then hands over the recording to Detective Whiteman, who then points his gun at Harker, but he begs him to give the recording to Hasan. Whiteman agrees and then guns him down.

Whiteman makes his way to the Silk pub and is gunned down by Hayden and his team, who seek revenge for Polly and Harker's deaths. Before he dies, Whiteman manages to put the vinyl record behind a photo frame on the wall. This move alters the course of events. He is then caught and hanged for the murders of Harker and Polly.

The timeline is now changed, and Hasan's memories are beginning to shift. She has the realisation that Whiteman planted the recording in the Silk pub. Unfortunately, the pub was destroyed in the 2023 explosion, but Hasan still has The Throat, which means she can travel back to 2023 with the pub still intact. She finds the tape and rushes to Sarah's house with it. She calls her younger self and tells her Elias has another detonator ready to go and just needs to find a phone to dial in the number. The phone call would trigger the detonator, destroying London.

Hasan tries to convince Elias that pushing the button will haunt him forever and plays Harker's last recorded message, where he admits Elias will live with regret for the bombing.

Elias chooses not to detonate the bomb, and his mother, Sarah, rushes out to embrace her son. Elias then vanishes into thin air. Why does this happen? The timeline appears to have reset itself, which means Elias was never born.

The episode ends with everything returning to the correct order, as we see Detective Whiteman and Hillinghead doing their police duties in their timelines, and with Elias now erased from existence, they won't find Defoe's body on Long Harvest Lane in any of the timelines

We see Hasan get in a taxi and head to her father's birthday party, and the driver turns out to be Iris Maplewood, who isn't disabled. The End.

Actor Appearances

A

Ben Addis.....	1
0106 (Chandler)	
John Alastair.....	2
0106 (Commander Brown); 0108 (Commander Brown)	
Kae Alexander.....	1
0106 (Bothroyd)	
Kate Ashfield.....	1
0102 (Elaine Morley)	
Diane Axford.....	1
0105 (Mrs Shirley)	

B

Jordan Baker.....	1
0105 (June)	
Emily Barber.....	5
0101 (Kathleen); 0102 (Kathleen); 0103 (Kathleen); 0104 (Kathleen); 0105 (Kathleen)	
Antony Barlow.....	1
0107 (Upper-Class Victorian Gentleman)	
Jessamine-Bliss Bell.....	1
0102 (Marina)	
Kev Bembridge.....	1
0101 (Police Officer)	
Carlo Benetello.....	1
0101 (Svetlana's Husband)	
David Birrell.....	1
0103 (Dalrymple)	
Stuart Boother.....	1
0106 (Hodges)	
Christopher Brand.....	2
0101 (Officer Webb); 0107 (Officer Webb)	
Michael Byrne.....	3
0106 (Old Mullins); 0107 (Old Mullins); 0108 (Old Mullins)	

C

Anna Calder-Marshall.....	3
0103 (Lady Agatha Harker); 0107 (Lady Agatha Harker); 0108 (Lady Agatha Harker)	
David Charles-Cully.....	1
0103 (Victorian Gent)	
Jonathan Cheetham.....	1
0102 (Non-Conformist)	
Archie Elijah Clark.....	2
0106 (Teenager on Bike); 0108 (Teenager on Bike)	
Oscar Coleman.....	4
0101 (Jawad); 0103 (Jawad); 0106 (Jawad); 0108 (Jawad)	
Jonny Coyne.....	1
0101 (Farrell)	
Anton Cross.....	3
0101 (Rick Williams); 0102 (Rick Williams); 0108 (Rick Williams)	

D

Silvana Damm.....	2
0101 (Mother); 0108 (Mother)	
Sophie Delora.....	1
0108 (Hasan Double)	
Natalie Dew.....	1
0101 (Aaliyah Tahir)	
Aron Dochard.....	1
0102 (Newspaper Vendor)	
Tim Downie.....	2
0101 (Inspector Goodman); 0108 (Inspector Good- man)	
Declan Doyle.....	1
0101 (Gym Bunny)	
Philippa Dunne.....	3
0102 (Lorna Dunnet); 0104 (Lorna Dunnet); 0105 (Lorna Dunnet)	

E

Kurt Egyiawan.....	2
0103 (Philip Dust); 0104 (Philip Dust)	
Patricia England.....	1
0102 (Vox Pop 2)	

F

Nicholas Farrell.....	6
0102 (Chief Inspector Paxman); 0103 (Chief Inspec- tor Paxman); 0105 (Chief Inspector Paxman); 0106 (CI Paxman); 0107 (CI Paxman); 0108 (CI Paxman)	
Lydia Fraser.....	1
0102 (Grace)	

G

Nitin Ganatra.....	5
0101 (Ishmael); 0102 (Ishmael); 0103 (Ishmael); 0106 (Ishmael); 0108 (Ishmael)	
Tommy Garside.....	1
0102 (Eagan)	
Philip Gascoyne.....	2
0101 (Detective); 0102 (Detective)	
Natalie Gavin.....	3
0105 (Sarah Mannix); 0106 (Sarah Mannix); 0108 (Sarah Mannix)	
Christopher Godwin.....	3
0103 (Reverend Kneale); 0107 (Reverend Kneale); 0108 (Reverend Kneale)	
Stephen Graham.....	8
0101 (Mannix); 0102 (Mannix); 0103 (Mannix); 0104 (Mannix); 0105 (Mannix); 0106 (Mannix); 0107 (Mannix); 0108 (Mannix)	
Jude Grillo.....	8

0101 (Street Boy); 0102 (Street Boy); 0103 (Street Boy); 0104 (Street Boy); 0105 (Street Boy); 0106 (Street Boy); 0107 (Street Boy); 0108 (Street Boy)

H

Nathan Hall 2
 0102 (Future University Student); 0104 (Future University Student)
 Zac Harris 1
 0102 (Sweeping Boy)
 Zachary Hart 1
 0102 (Lee Cozens)
 Nigel Hastings 1
 0105 (Harker Bank Manager)
 Roderick Hill 1
 0102 (Campsite Manager)
 Jonathan Holden 1
 0101 (Far Right Protester)
 David Horovitch 2
 0105 (Rabbi Goldstein); 0107 (Rabbi Goldstein)
 Gabriel Howell 6
 0101 (Elias); 0102 (Elias); 0103 (Elias); 0105 (Elias); 0106 (Elias); 0108 (Elias)

J

Max Jackson 1
 0107 (Pickpocket)
 Ellie James 1
 0105 (Teri)
 Joanne James 3
 0102 (Victorian Lady); 0103 (Victorian Lady); 0104 (Victorian Lady)
 Alison Martin Jones 1
 0101 (Upper-Class Victorian Lady)
 Claire Jones 1
 0106 (News Reporter)
 Mark Lewis Jones 3
 0102 (Andrew Morley); 0104 (Andrew Morley); 0107 (Andrew Morley)
 Jade-Marie Joseph 1
 0108 (News Anchor)

K

Chaneil Kular 2
 0101 (Syed Tahir); 0102 (Syed Tahir)

L

Chris Lane 1
 0107 (Doctor)
 Max Lohan 3
 0103 (Young Mullins); 0107 (Young Mullins); 0108 (Young Mullins)
 Tony Lucken 1
 0106 (Boat Captain)

M

Amy Manson 6
 0102 (Charlotte Hillinghead); 0103 (Charlotte Hillinghead); 0104 (Charlotte Hillinghead); 0106 (Charlotte Hillinghead); 0107 (Charlotte Hillinghead); 0108 (Charlotte Hillinghead)
 Nikki Marshall 1
 0104 (Detective)

JJ Martin 1
 0102 (Teenager on Bike)
 Will Merrick 3
 0101 (Constable Byrne); 0107 (Constable Byrne); 0108 (Constable Byrne)

N

Jonathan Nyati 1
 0102 (Vox Pop 1)

O

Anthony O'Donnell 2
 0104 (Clive Jones); 0108 (Clive Jones)
 Joe Osborne 2
 0107 (Doctor Kingsley); 0108 (Doctor Kingsley)

P

Clare Perkins 2
 0102 (Inspector Anderson); 0107 (Inspector Anderson)
 Joe Pitts 1
 0102 (Vox Pop 3)
 Leonardo Porcelloni 2
 0101 (Detective); 0102 (Detective)

R

Chloe Raphael 6
 0101 (Esther Jankovsky); 0102 (Esther Jankovsky); 0103 (Esther Jankovsky); 0104 (Esther Jankovsky); 0107 (Esther Jankovsky); 0108 (Esther Jankovsky)
 Selva Rasalingam 2
 0102 (Prime Minister); 0107 (Prime Minister)
 Jason Redshaw 1
 0103 (Victorian Gent)
 Sheila Reid 1
 0103 (Baroness Antonia Garner)
 Derek Riddell 5
 0101 (CI Calloway); 0102 (CI Calloway); 0103 (CI Calloway); 0104 (CI Calloway); 0105 (CI Calloway)
 Alexandra Roach 3
 0101 (Maggie); 0104 (Maggie); 0105 (Maggie)
 Tristan Ruggeri 2
 0101 (Boy); 0108 (Boy)

S

Michael Shaeffer 3
 0105 (Hayden Harker); 0106 (Hayden Harker); 0108 (Hayden Harker)
 Antony Somers 1
 0104 (Pub Landlord)
 Louis Sparks 1
 0102 (Duty Officer)
 Neil Swift 1
 0102 (Captain Drake)

T

Richard Tate 1
 0102 (Professor Hamish McCabe)
 Alfie Tempest 2
 0106 (Sam); 0107 (Sam)
 Edwin Thomas 3

0102 (Alby); 0107 (Alby); 0108 (Alby)

W

Howard Ward..... 1
 0107 (Banker)
Cal Watson..... 1
 0108 (Viv)
Andrew Whipp.....5
 0101 (Ladbroke); 0102 (Ladbroke); 0103 (Ladbroke);
 0107 (Ladbroke); 0108 (Ladbroke)